

My Big Fat Mouth

Fresh Water

Getting Started

- **Highs and Lows:** Ask your group what their high point and low point of the week
- **Icebreaker:** Which bottled water brand do you think is the worst? Why?

Setup

- Welcome & Prayer
- Watch Recap Video

Key Questions

- **Review:** Did God reveal any hurts you needed to give to him this past week?
- **Recap:** What's one idea that stood out to you from this Sunday's message? Why did that stand out to you?
- **Big Idea:** *"How does God transform a salty heart?"*
 - On Sunday, Pastor Blake shared how our words can be used by God to heal other people's hearts.
 - What is the connection between our heart and our mouth?
 - Why is it important our heart has been renewed by the gospel?
 - Pastor Blake shared that we have been saved for something.
 - What does it mean to be saved for something?
 - What have we been saved for?
 - How does this realization shift your perspective on sharing the good news of the gospel?
- **Next Steps:** *"Found people, find people"*
 - What does it mean to "Find People?"
 - How can you use your words this week to help share the good news with others?

Optional Questions – *If needed, include one or more of these scriptures and questions to extend your conversation.*

- **Read James 3:12 aloud.** In this passage, the writer shares that the source controls what comes out.

- o Why is it important that we understand life-giving words can only come from a freed heart?

Announcements:

- Announce time and place of the group next week
- Announce the two service times (9:30 & 11:15) and invite your group to attend with you.