

# **Salty & Lit**

*You Have Permission To Be Angry*

## ***Getting Started***

- **Highs and Lows:** Ask your group what their high point and low point of the week
- **Icebreaker:** If You Could Visit Any Country, Where Would You Go? Why?

## ***Setup***

- Welcome & Prayer
- Watch Recap Video

## ***Key Questions***

- **Review:** Did you pray the prayer, “*Lead Me, Place Me, Shine Through Me*” this past week? Did God show up in any specific way?
- **Recap:** What’s one idea that stood out to you from this Sunday’s message? Why did that stand out to you?
- **Big Idea:** “*Righteous Anger Is Being Angry At What Makes God Angry*”
  - On Sunday, Pastor Blake shared that we being angry is not a sin. There is a difference between righteous anger and human, sinful anger.
    - Why do we as Christians often shy away from talking about anger?
    - What are key differences between righteous anger and human anger?
  - Pastor Blake shared different things we have permission to be angry about.
    - **Religious Clutter**
      - What does it mean to be angry about religious clutter?
    - **Prejudice**
      - Why is prejudice something God is angry with?
      - How are we as Christians called to respond to prejudice?
    - **Injustice**
      - Have you ever witnessed injustice in your life? Would you share?
    - **Overlooking Children**
      - What does it mean to be angry at overlooking children?

- **Next Steps:** “*Get Angry Like Jesus*”
  - Do you see any of the 4 things we talked about happening in or around your life?
  - What would it look like if you got angry about those things? How could you affect change?

**Optional Questions** – *If needed, include one or more of these scriptures and questions to extend your conversation.*

- Read James1:20 outloud.
  - Why is human anger something we should avoid?
    - What are the fruits of human anger?

**Announcements:**

- Announce time and place of the group next week
- Announce the two service times (9:30 & 11:15) and invite your group to attend with you.